Summary of Benefits and Coverage: What this Plan Covers & What it Costs



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.bcbsil.com or by calling 1-800-868-9520.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$0	See the chart starting on page 2 for your costs for services this plan covers.
Are there other deductibles for specific services?	Yes. \$75 deductible for RX deductible.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this plan begins to pay for these services.
Is there an <u>out-of-</u> <u>pocket limit</u> on my expenses?	Yes. \$3,000 Individual/ \$6,000 Family.	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket</u> <u>limit?</u>	Prescription copays, premiums, balanced-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a network of providers?	Yes. Visit www.bcbsil.com or call 1-800-868-9520 for a list of participating providers.	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do I need a referral to see a specialist?	Yes.	This plan will pay some or all of the costs to see a specialist for covered services but only if you have the plan's permission before you see the specialist .
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about excluded services .

Questions: Call 1-800-868-9520 or visit us at www.bcbsil.com.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at http://www.dol.gov/ebsa/pdf/SBCUniformGlossary.pdf or call 1-855-756-4448 to request a copy.

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- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use participating **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non-Participating Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$18 copay/visit	Not Covered	Services or supplies that are not ordered by your Primary Care Physician or Women's Principal Health Care Provider, except emergency, substance abuse, hospital, mental illness, or routine vision exams.
	Specialist visit	\$25 copay/visit	Not Covered	Referral required.
	Other practitioner office visit	\$18 copay/visit	Not Covered	Referral required.
	Preventive care/screening/immunization	No Charge	Not Covered	none
TC 1	Diagnostic test (x-ray, blood work)	No Charge	Not Covered	Referral required.
If you have a test	Imaging (CT/PET scans, MRIs)	No Charge	Not Covered	Referral required.

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If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.bcbsil.com.	Generic drugs	\$8 copay / prescription for up to a 34 day supply. \$20 copay / prescription for up to a 90 day supply.	Not Covered	Dispensing limit may apply to certain drugs. Certain women's preventative
	Formulary brand drugs	\$26 copay / prescription for up to a 34 day supply. \$65 copay / prescription for up to a 90 day supply.	Not Covered	services will be covered with no cost to the member. For a full list of these prescriptions and/or services, please contact Customer Service. 34 day retail / 90 day mail.
	Non-Formulary brand drugs	\$50 copay / prescription for up to a 34 day supply. \$125 copay / prescription for up to a 90 day supply.	Not Covered	Mail-order prescription cost for a 90-day supply increases to 2.5 times the 30-day supply copayment amount.
	Specialty drugs	Covered	Not Covered	Coverage based on group policy. Prior authorization may be required.
If you have	Facility fee (e.g., ambulatory surgery center)	\$225 copay/visit	Not Covered	Referral required.
outpatient surgery	Physician/surgeon fees	No Charge	Not Covered	Referral required.
	Emergency room services	\$225 copay/visit	\$225 copay/visit	Copay waived if admitted.
If you need immediate medical attention	Emergency medical transportation	No Charge	No Charge	Ground transportation only.
	Urgent care	\$18 copay/visit	Not Covered	Must be affiliated with member's chosen medical group or referral required.
If you have a	Facility fee (e.g., hospital room)	\$325 copay/ admission	Not Covered	Referral required.
hospital stay	Physician/surgeon fee	No Charge	Not Covered	Referral required.

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If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	\$18 copay/visit	Not Covered	Unlimited visits. Referral required.
	Mental/Behavioral health inpatient services	\$325 copay/ admission	Not Covered	Unlimited days. Referral required.
	Substance use disorder outpatient services	\$18 copay/visit	Not Covered	Use a plan provider only. Referral required.
	Substance use disorder inpatient services	\$325 copay/ admission	Not Covered	Unlimited days. Referral required.
If you are pregnant	Prenatal and postnatal care	\$18 copay	Not Covered	Copay applies for the 1 st prenatal visit only.
	Delivery and all inpatient services	\$325 copay/ admission	Not Covered	none
	Home health care	\$25 copay/visit	Not Covered	Referral required.
	Rehabilitation services	No Charge	Not Covered	60 treatments combined for all
If you need help recovering or have other special health needs	Habilitation services	No Charge	Not Covered	therapies. Referral required.
	Skilled nursing care	No Charge	Not Covered	Excludes custodial care. Referral required.
	Durable medical equipment	20% coinsurance	Not Covered	Referral required. Benefits are limited to items used to serve a medical purpose. DME benefits are provided for both purchase and rental equipment (up to the purchase price).
	Hospice service	No Charge	Not Covered	Inpatient copay may apply. Referral required.

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Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non-Participating Provider	Limitations & Exceptions
If your child needs dental or eye care	Eye exam	Covered	Not Covered	Limited to one exam every 12 months at participating providers.
	Glasses	Covered	Not Covered	Frames and Lenses covered every 12 months.
	Dental check-up	Not Covered	Not Covered	none

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Cosmetic Surgery
- Custodial care services
- Dental care (Adult)
- Mahogany

- Long-term care
- Non-emergency care when traveling outside the U.S
- Private-duty Nursing
- Routine foot care (with the exception of person with diagnosis of diabetes)

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Acupuncture
- Bariatric surgery
- Chiropractic care

- Hearing aids
- Infertility treatment
- Most coverage provided outside the United States. See www.bcbsil.com.
- Routine eye care (Adult)
- Weight Loss (except when non-medically supervised)

Questions: Call 1-800-868-9520 or visit us at www.bcbsil.com.

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a premium, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-868-9520. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact Blue Cross and Blue Shield of Illinois at 1-800-868-9520 or visit <u>www.bcbsil.com</u> or contact the U.S Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or visit <u>www.dol.gov/ebsa/healthreform</u>. Additionally, a consumer assistance program can help you file your appeal. Contact the Illinois Department of Insurance at (877) 527-9431 or visit http://insurance.illinois.gov.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-868-9520.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-868-9520.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-868-9520.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-868-9520.

Coverage Period: 07/01/2013 – 06/30/2014 Coverage for: ALL | Plan Type: HMO

Coverage Examples

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care vou receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$7,030
- Patient pays \$510

Sample care costs:

\$2,100 \$900
\$900
\$900
\$500
\$200
\$200
\$40
\$7,540

Patient navs:

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Deductibles	\$0
Copays	\$360
Coinsurance	\$0
Limits or exclusions	\$150
Total	\$510

Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- **Plan pays** \$4,570
- Patient pays \$830

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$0
Copays	\$500
Coinsurance	\$250
Limits or exclusions	\$80
Total	\$830

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include <u>premiums</u>.
- Sample care costs are based on national averages supplied by the U.S.
 Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.